Critical Hyperkalemia During Neurosurgery

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To editor

The occurrence of critical hyperkalemia (blood gas potassium level greater than 6 mmol/L) in elective neurosurgery is not uncommon [1,2], however, life-threatening complications are rare with careful monitoring, rapid diagnosis and immediate proper management. To diagnosis and management hyperkalemia in perioperative period is one of the basic skills that anesthesiologists or any anesthesia provider should have.

From 2008 to present, 25,000 neurosurgeries had been operated in our hospital. With the Internal Review Board approval from Sanbo Brain Hospital, Capital Medical University, we retrospectively review all the neurosurgery cases from 2008 to 2017 in our hospital. Thirty-five critical hyperkalemia were detected in total of 21,525 elective neurosurgical cases as shown in Figure 1. One patient complained heart area uncomfortable after he was taken to the OR. A critical hyperkalemia (14.1 mmol/L) was found by blood gas test. The operation was suspended. The standard rescue treatment was used for this patient and he recovered well. The critical hyperkalemia was found after anesthesia in 23 patients in the first blood gas examination, 8 patients were found in the 2nd blood gas examination, 2 patients were found in the 3rd time test, and only 1 patient still had critical hyperkalemia in the 4th time test. Insulin was used in most cases of critical hyperkalemia (19 in 35 patients).

References


Figure 1: The potassium level changes in these with hyperkalemia over time.
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